



## Swedish Covenant Hospital

### **Aquatic Physical Therapy Pool Instructions**

1. Enter Galter LifeCenter at the “Francisco” entrance and report to the front desk that you are here for therapy in the pool.
2. The men’s locker room to the left and women’s locker room is to the right.
3. Walk all the way to the back of the locker room.
4. Use any of the available lockers — they have a six number key pad.
5. To lock the locker, close the door, punch in **any 4 numbers** and turn knob to lock it. Make the number something you can remember as this is the code to unlock the locker.
6. Help yourself to towels.
7. The entrance to the east pool is through the showers in the back of the locker room.
8. Shower before entering the pool.
9. The therapy pool entrance is behind the glass enclosure.