

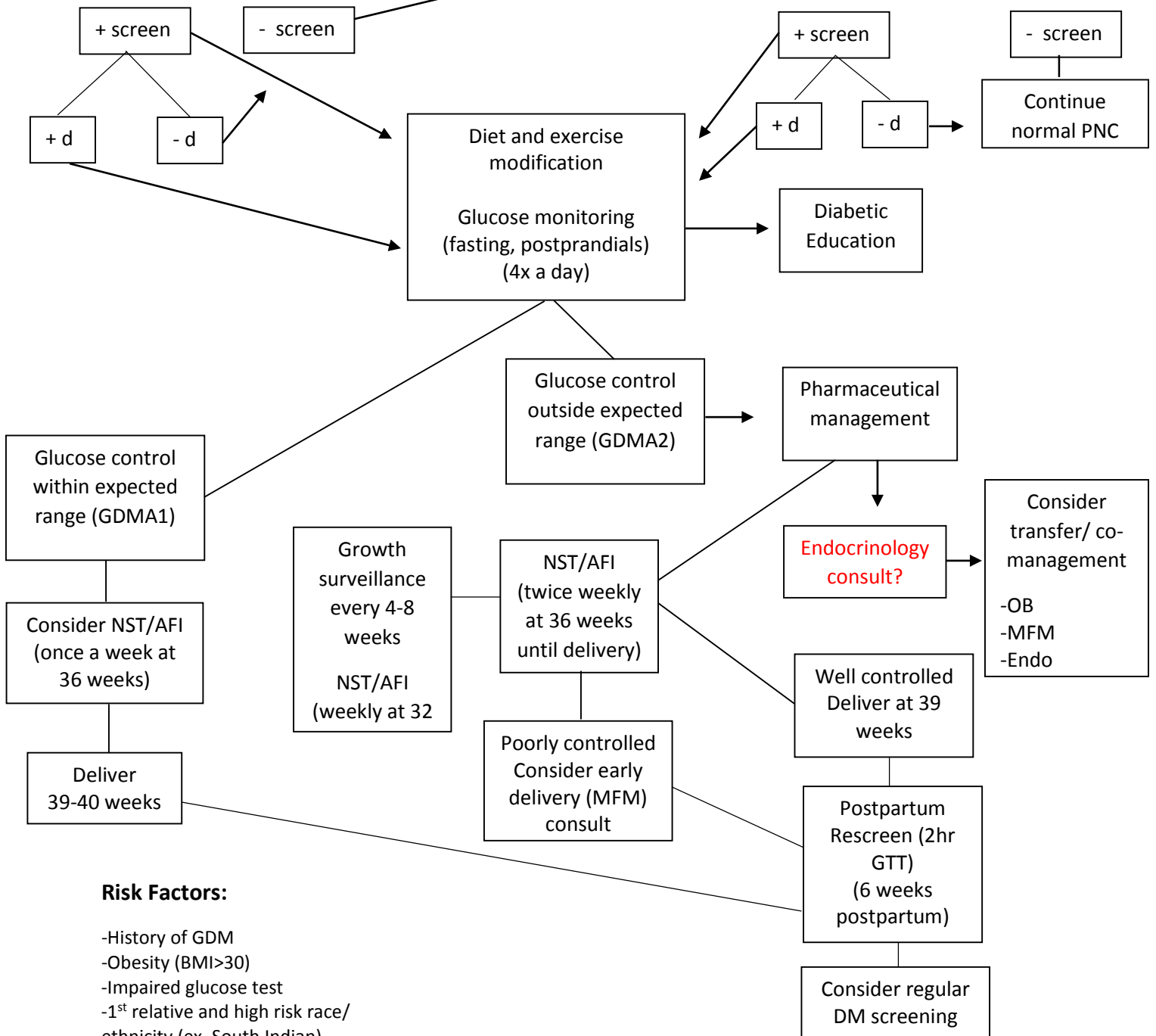


# Swedish Covenant Hospital

## Reference for Providers GDM

### Early Screening Criteria (12-15 weeks)

### Normal Screening Criteria (24-28 weeks) or initiation of prenatal care after 28 weeks



### Risk Factors:

- History of GDM
- Obesity (BMI>30)
- Impaired glucose test
- 1<sup>st</sup> relative and high risk race/ethnicity (ex. South Indian)



# Swedish Covenant Hospital

## Reference for Providers Pregnant Patients (Obesity)

**Weight Gain During Pregnancy Table**

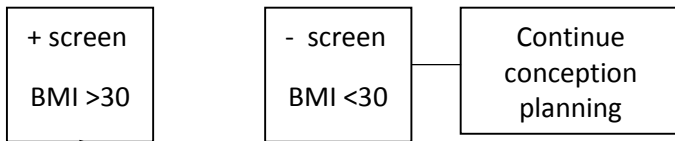
Prepregnancy Weight Category	Body Mass Index	Recommended Range of Total Weight Gain (lb)	Recommended of Weight Gain in the 2 <sup>nd</sup> and 3 <sup>rd</sup> Trimesters (lb) (Mean Range [lb/wk])
Normal Weight	18.5-24.9	25-35	1 (0.8-1)
Overweight	25-29.9	15-25	0.6 (0.5-0.7)
Obesity Class I	30-34.9	11-20	0.5 (0.4-0.6)
Obesity Class II	35-39.9	11-20	0.5 (0.4-0.6)
Obesity Class III	40 or greater	11-20	0.5 (0.4-0.6)

Growth surveillance every 4-8 weeks  
Antenatal testing 34-36 weekly NST

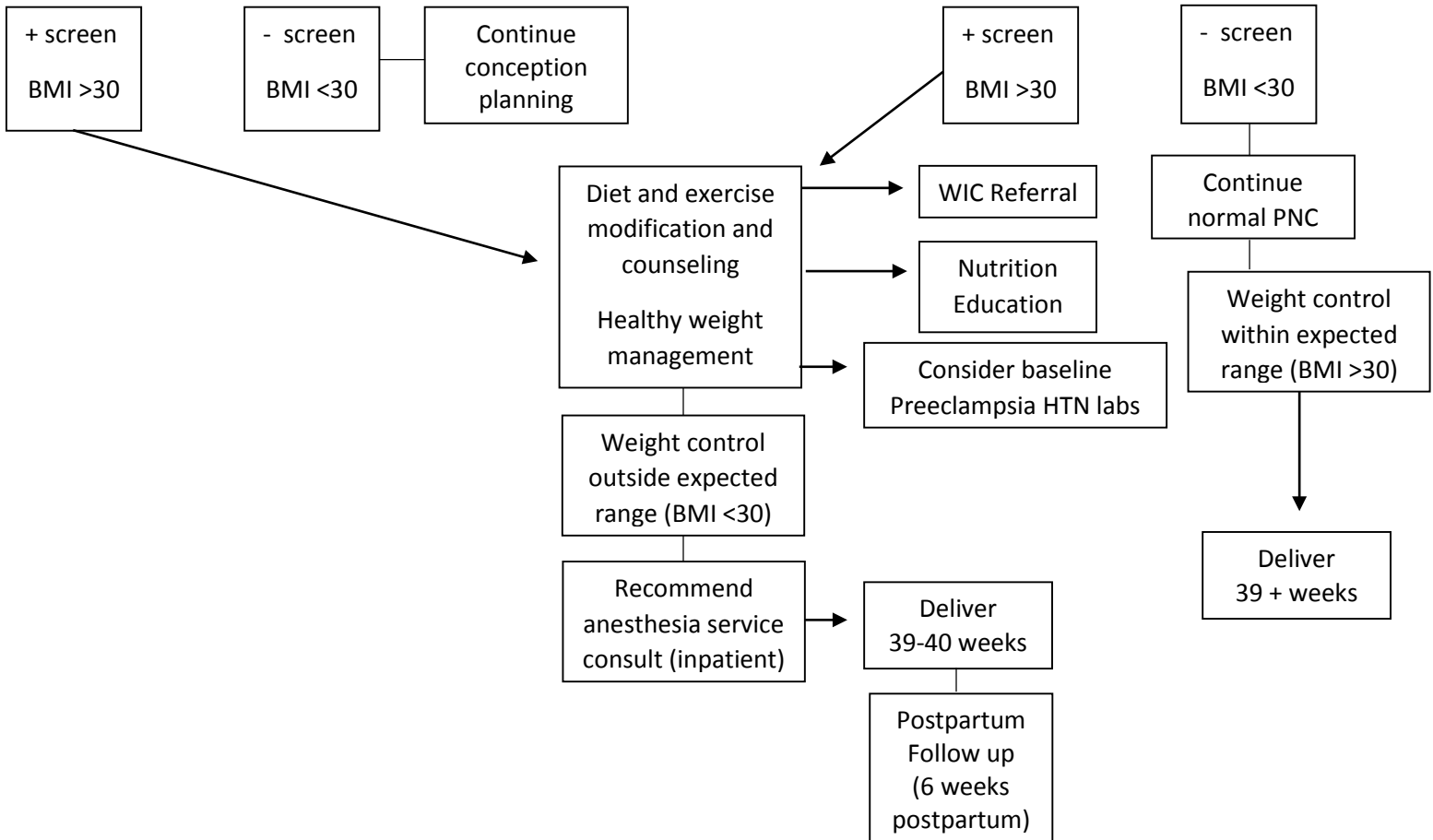
**Risk Assessment:**

- Age
- Family/medical history
- High risk race/ethnicity
- DM/HTN

**Preconception**



**During Pregnancy**





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***Glossary***

BMI: Body Mass Index

DM: Diabetes Mellitus

GDM: Gestational Diabetes Mellitus

GDMA1: Diet controlled gestational diabetes

GDMA2: Medication controlled gestational diabetes

GTT: Glucose Tolerance Test

HTN: Hypertension

MFM: Maternal-Fetal Medicine

NST/AFI: Non-Stress Test/Amniotic Fluid Index

PNC: Prenatal Care